

# Vizient Transition to Nurse Leader Program



## Session 1 learner guide

### Session 1: Transition to nurse leader and Building leadership habits

Estimated time commitment: 3 hours

#### Learning objectives:

Transition to nurse leader	Building leadership habits
<ul style="list-style-type: none"><li>• Identify common experiences and challenges of transitioning into a new role, including the shift in identity from clinician to leader</li><li>• Recognize the core responsibilities of nurse leaders</li><li>• Develop an authentic leadership identity</li></ul>	<ul style="list-style-type: none"><li>• Identify and track personal leadership habits</li><li>• Apply delegation principles effectively</li><li>• Discuss the mindset shift from “doer” to “leader”</li></ul>

#### Instructions

Before the Vizient National Connection Call session 2, complete the following:

- Review the Vizient modules:
  - [Transition to nurse leader](#)
  - [Building leadership habits](#)
- Review the R3 modules:
  - [R3 Values](#)
  - [R3 Mindfulness basics](#)
  - [R3 Self Stewardship](#) and [What’s on your plate?](#)
- Complete the *Action Plan for Developing Leadership Identity* activity posted on the Transition to Nurse Leader Program [community page](#) under the group resources tab.

#### Transition to Nurse Leader Program Community group discussion

After completing the modules above, navigate to the [Vizient Transition to Nurse Leader Program Community](#) page and answer the prompt questions below before the Vizient National Connection Call session 2:

1. Describe a moment when you realized your identity had shifted from bedside clinician to nurse leader. What triggered this awareness?
2. How would you define your authentic leadership identity? Share a situation that helped you clarify or develop this identity.
3. Discuss a recent situation when adopting a "leader" mindset (rather than a "doer" mindset) resulted in better outcomes for your team. What made the shift successful?

Recommended content (optional but encouraged for deeper learning)

- **Read:** [The First 90 Days: Proven Strategies for Getting Up to Speed Faster and Smarter](#) by Michael D. Watkins
- **Listen:** [“Successfully Transitioning from Nursing Peer to Leader” Nurse Essentials Podcast](#) by Cleveland Clinic
- **Watch:** [Winning Leadership: The Power of Leading Yourself First](#) by Sherry Winn