

Vizient Transition to Nurse Leader Program



Session 2 learner guide

Session 2: Emotional intelligence and budget basics

Estimated time commitment: 3 hours

Learning objectives

Emotional intelligence	Budget basics
<ul style="list-style-type: none">• Describe the four core components of emotional intelligence and their relevance to leadership.• Identify barriers that limit emotional intelligence and select strategies to overcome them in daily leadership practice.• Evaluate emotionally intelligent and emotionally limited leadership responses.	<ul style="list-style-type: none">• Describe the nurse leader's role in financial stewardship and its effects on unit success and patient care.• Define key budgeting terms and apply them to everyday decisions.• Interpret budget reports and identify next steps in collaboration with stakeholders.

Instructions

Before the Vizient National Connection Call session 3, complete the following:

- Review the Vizient modules:
 - [Emotional intelligence](#)
 - [Budget basics](#)
- Review the R³ module:
 - [R³ Emotional Intelligence: Above or below the line](#)
- Review the *Building Your Network activity* posted on the Transition to Nurse Leader Program [community page](#) under the group resources tab.
 - Begin to schedule needed connections!

Transition to Nurse Leader Program Community discussion

After completing the modules above, navigate to the [Vizient Transition to Nurse Leader Program Community](#) page and answer the prompt questions below before the Vizient National Connection Call session 3:

1. Budgets can sometimes feel like roadblocks, but they can also spark creativity. What's a time you had to get resourceful because of limited staffing, supplies or funds? How did it turn out?
2. Leaders use emotional intelligence in everyday ways, like how they give feedback or respond in a tense meeting. What's an example of a situation where you think emotional intelligence can make a leader stand out?
3. Think about someone outside of nursing who's been a real ally for your team (maybe environmental services, information technology, pharmacy, etc.). How did that connection start, and what helped keep it strong?

Recommended content (optional but encouraged for deeper learning)

- **Read:** Talking the Talk: Financial Skills for Nurse Leaders Nurse Leader
- **Listen:** Maintaining a Healthy Bottom Line: How Nurses Can Impact Healthcare Finances Cleveland Clinic Podcast
- **Watch:** Building Best Leaders 2025: Budget Basics for Nurse Managers