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#vizientsummit



# Service Line Strategy: A Cross–Service Line Perspective

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### **Learning Objectives**

- Discuss how to anticipate growth opportunities for inpatient and outpatient services in the next three, five and 10 years for high-growth service lines.
- Identify the factors and strategic levers that will most influence future demand.
- Assess how shifts in care delivery locations will impact future growth opportunities.
- Explain how to leverage growth opportunities and better prepare for an evolving system of CARE.

CARE = Clinical Alignment and Resource Effectiveness.



# Service Line Strategy: A Cross–Service Line Perspective

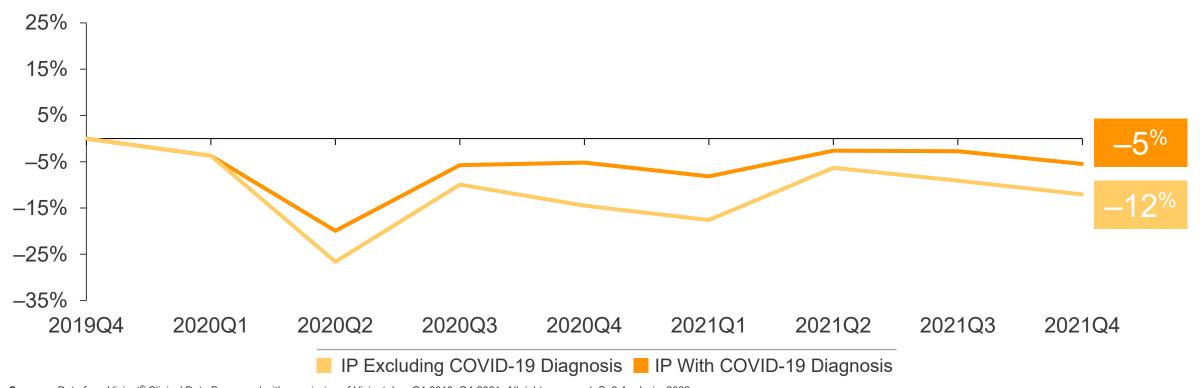
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## Nationally, IP Utilization Remained Well Below Pre-Pandemic Levels by the End of 2021

Adult Quarterly Comparison of Volumes, 2019 vs 2020–2021

Vizient Clinical Data Base



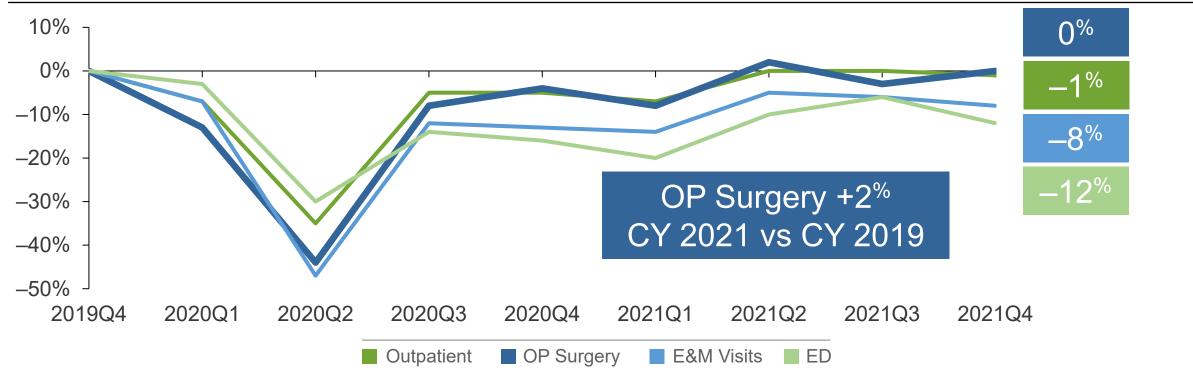
Sources: Data from Vizient® Clinical Data Base used with permission of Vizient, Inc, Q1 2019–Q4 2021. All rights reserved; Sg2 Analysis, 2022.



## While OP Surgery Rebounded, Overall OP Activity Remained Below Pre-Pandemic Levels

Adult Quarterly Comparison of Volumes Including COVID-19, 2019 vs 2020–2021

Strata Decision Technology



**Note:** Analysis includes volumes for ICD-10 diagnosis code U07.1, COVID-19 infection and virtual visits. OP surgery defined as outpatient procedures—major and endoscopy. E&M = evaluation and management. **Sources:** Strata Decision Technology. National Patient and Procedure Volume Tracker. 2019–2021; Sg2 Analysis, 2022.



## Organizations Are Planning for Growth in a Constrained Environment

Organizations struggle with the same themes:

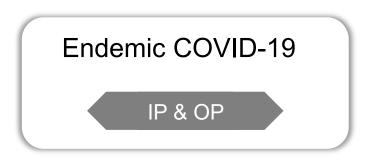


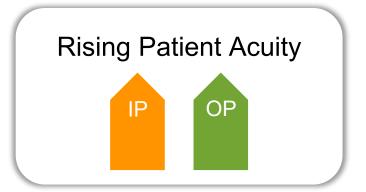
### Sg2's Impact of Change® Forecast Methodology

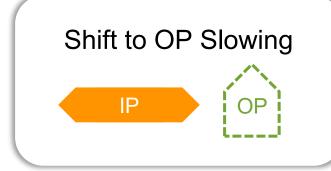


IoC = Impact of Change.

### **Key 2022 Forecast Considerations**







Expanded Care at Home Capabilities



**Note**: Orange = IP volumes impact; green = OP volumes impact; dotted = minimal volumes impact; gray = no real impact in IP or OP volumes. MA = Medicare Advantage.

### **Hospital-Based Demand Grows**

Capacity

Access

Workforce

Quality

**Adult Hospital Forecast: +6%** 







+2%
Inpatient
Discharges
2022–2027
(29.8M)

+8%

Observation Discharges 2022–2027 (18.9M) +8%

HOPD Discharges 2022–2027 (56.3M) ADMITTING

+8%
Inpatient Days
2022–2027
(149M)

Note: Analysis excludes 0–17 age group. HOPD = hospital outpatient department. Sources: Impact of Change<sup>®</sup>, 2022; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2022; Sg2 Analysis, 2022.

### Ability to Maintain Quality Challenged as Acuity Rises

Capacity

Access

Workforce

Quality



Adult Inpatient Discharges 2022–2027

Adult Inpatient Days 2022–2027 +19%

Tertiary (2022 Baseline: 1M)

+11%

Tertiary (2022 Baseline: 10M)



Chronic Care (2022 Baseline: 3M)

+20<sup>%</sup>
Chronic Care

Chronic Care (2022 Baseline: 18M)



+12%
Critical Care
(2022 Baseline: 2M)

+15%
Critical Care
(2022 Baseline: 7M)

Note: Analysis excludes 0–17 age group. Sources: Impact of Change®, 2022; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Claritas Pop-Facts®, 2022; Sg2 Analysis, 2022.

## Improved Access to Care Intensifies Strain on Workforce

Capacity

Access

Workforce

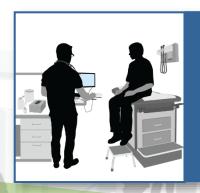
Quality



+8%
All E&M Visits
2022–2027
(1.6B)



19% Virtual E&M Visits by 2027 (300.3M)



-13%
In-person
E&M Visits
2022–2027
(1.3B)

Top Growing E&M Service Lines	Five-Year % Change 2022–2027		
Endocrine	18%		
Hepatology	15%		
Behavioral Health	15%		
Nephrology	14%		

Top Virtual Visit Service Lines	2027 Volumes
General Medicine	90,311,621
Behavioral Health	47,680,487
Endocrine	27,146,127

Note: Analysis excludes 0–17 age group. Sources: Impact of Change<sup>®</sup>, 2022; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2022; Sg2 Analysis, 2022.

## Rising Acuity Will Increase Pressure on All Aspects of Care Delivery

Capacity

Access

Workforce

Quality

#### **Five-Year Chronic Care Forecast by CARE Family**

+7%

Inpatient Chronic Care 2022–2027 **Top Growing IP CARE Families** 

Chronic Lung Disease: +20%

Diabetes: +16%

Advanced Liver Disease: +13%

+3%

ED Chronic Care 2022–2027 **Top Growing ED CARE Families** 

Diabetes: +8%
Dementia: +6%
ESRD: +5%

+5%
HOPD

Chronic Care 2022–2027

**Top Growing HOPD CARE Families** 

CHF: +20% ESRD: +12%

Chronic Lung Disease: +12%

+27%

E&M Visit\* Chronic Care 2022–2027 **Top Growing E&M\* CARE Families** 

Dementia: +39% Diabetes: +31%

Advanced Liver Disease: +30%

\*Visit growth captures only office/clinic and virtual sites of care. **Note:** Analysis excludes 0–17 age group. CHF = congestive heart failure; ESRD = end-stage renal disease. **Sources:** Impact of Change®, 2022; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts®, 2022; Sg2 Analysis, 2022.

### **Acuity Underlies Utilization Shifts**



1. Inpatient volumes and bed days rise.



2. Care redesign influences demand across the System of CARE.

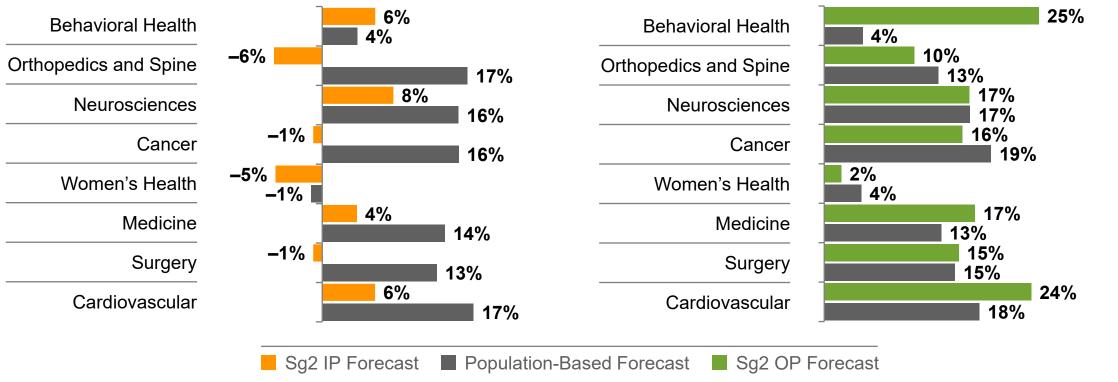


3. Shift to outpatient slows as procedures hit inpatient floor.

### **Utilization Trends Vary Across Service Lines**

#### Inpatient Service Line Growth, US Market, 2022–2032

#### Outpatient Service Line Growth, US Market, 2022–2032



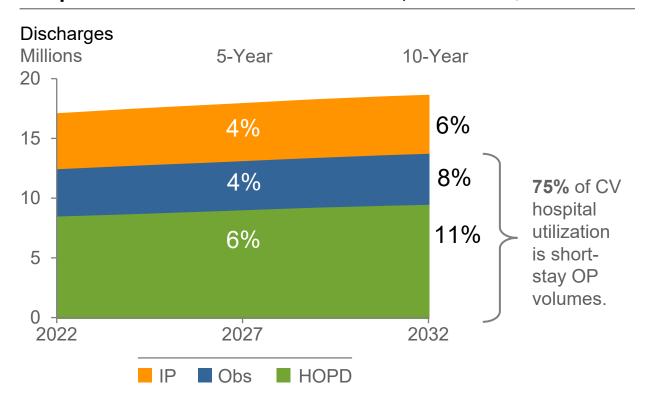
Note: All service lines exclude 0–17 age group. Cardiovascular includes cardiology and vascular. Medicine includes allergy and immunology, dermatology, endocrinology, gastroenterology, genetics, hematology, infectious diseases, nephrology, pulmonology, and rheumatology. Surgery includes burns and wounds, otolaryngology, general surgery, ophthalmology, and urology. Sources: Impact of Change®, 2022; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts®, 2022; Sg2 Analysis, 2022.



### Cardiovascular

### **Hospital Remains Core for CV Care Delivery**

#### Hospital Cardiovascular Forecast: 9%, US Market, 2022–2032



IP growth driven by CHF (10%) and valve surgery (72%)

Observation visits driven by chronic diseases like CHF (18%) and dysrhythmia (19%)

HOPD growth pushed higher by
EP procedures
Cardiac ablation: 56% | Pacemaker/ICD: 16%

ALOS: +1% | Bed days: +7%

1.35M CV bed days over the next decade

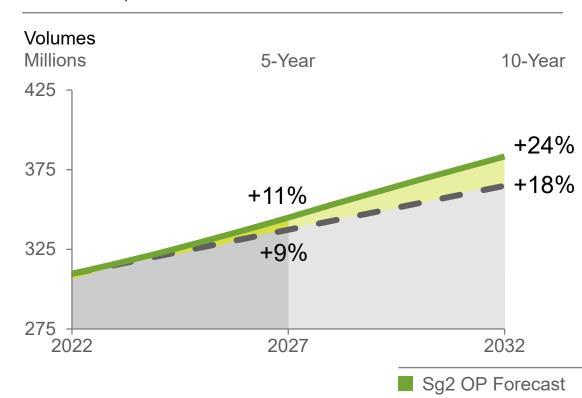
Note: Analysis excludes 0–17 age group. Hospital forecast includes the following: IP discharges; visits—observation in HOPD; HOPD procedures—major/minor; and select diagnostics in the HOPD including diagnostic catheterization, CV stress testing, EP studies and implantable loop recorders. EP = electrophysiology; ICD = implantable cardioverter defibrillator; obs = observation; valve surgery = transcatheter valve procedure. Sources: Impact of Change®, 2022; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts®, 2022; IQVIA; Sg2 Analysis, 2022.



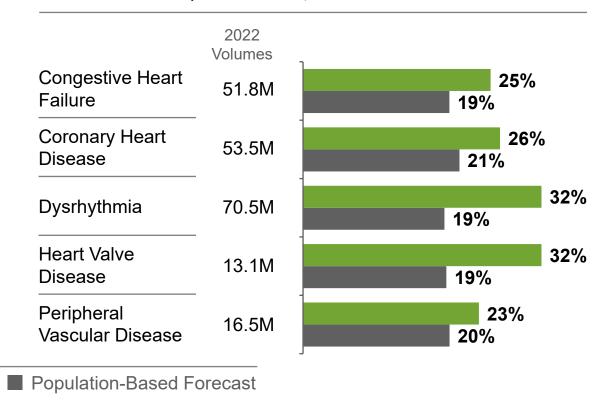
### Rising Acuity Drives Demand—Especially for Outpatient

#### **Outpatient Cardiovascular Forecast**

US Market, 2022–2032



### Outpatient Cardiovascular Volumes for Select CARE Families, US Market, 2022–2032



Note: Analysis excludes 0–17 age group. Sources: Impact of Change®, 2022; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts®, 2022; Sg2 Analysis, 2022.



## **Quality and Cost Data Inform Service Distribution**

Hospital CDB Quality Performance MS-DRGs 216–221 and 266–267

	Hospital Volume Category	Total Cases (n = Number of Hospitals)
Change as volume decreases	1–99	4,022 (n = 106)
	100–199	5,763 (n = 38)
	200–399	15,857 (n = 52)
	400–799	29,551 (n = 54)
	800+	25,867 (n = 21)

**Note:** Analysis based on 2021 annual data. CDB = Clinical Data Base. **Source:** Vizient<sup>®</sup> Clinical Data Base used with permission of Vizient, Inc, 2019. All rights reserved.

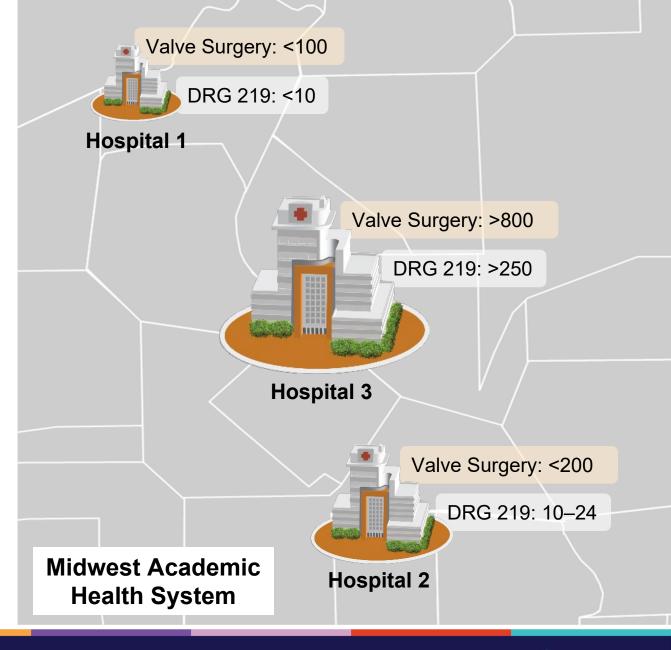


## **Quality and Cost Data Inform Service Distribution**

### Volume to Outcomes Comparison—National Benchmarks, DRG 219

Hospital Volu Category	ume	Mortality Rate	ALOS	Related Readmits	Direct Cost
<10	^	7.6%	10.1	3.0%	\$34,902
10–24	es	5.2%	9.6	2.3%	\$35,223
25–49	decreases	3.6%	9.4	2.4%	\$35,412
50-74		3.3%	9.4	2.0%	\$36,327
75–124	volume	2.9%	9.3	2.3%	\$35,897
125–174	as vo	1.8%	9.0	1.8%	\$36,792
175–249		1.6%	8.5	2.2%	\$39,203
250+	Change	1.2%	8.5	1.5%	\$31,665

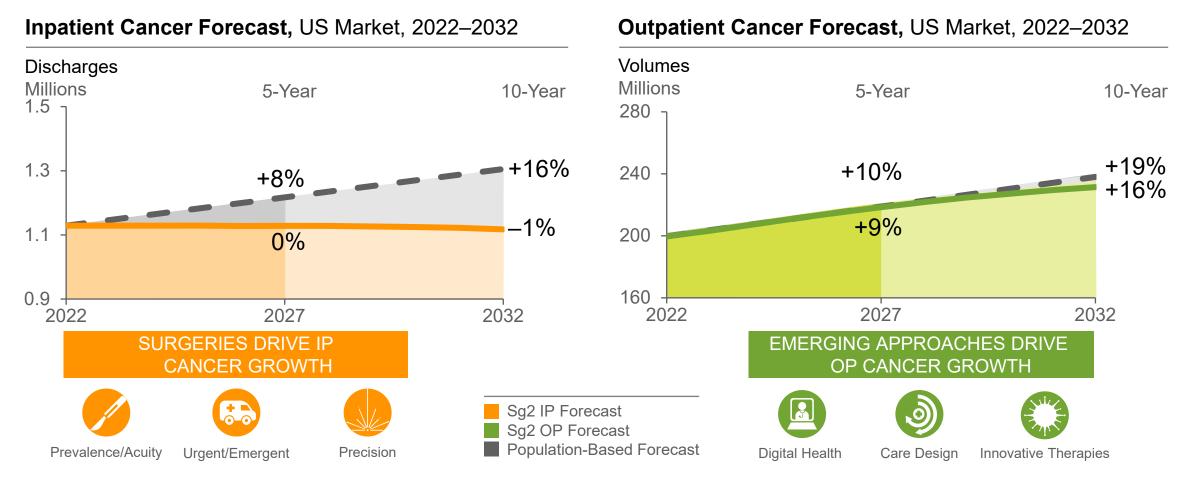
**Note:** DRG 219 = cardiac valve and other major cardiothoracic procedures without cardiac catheterization with major complication or comorbidity. Analysis based on 2021 annual data. **Source:** Vizient<sup>®</sup> Clinical Data Base used with permission of Vizient, Inc, 2019. All rights reserved.





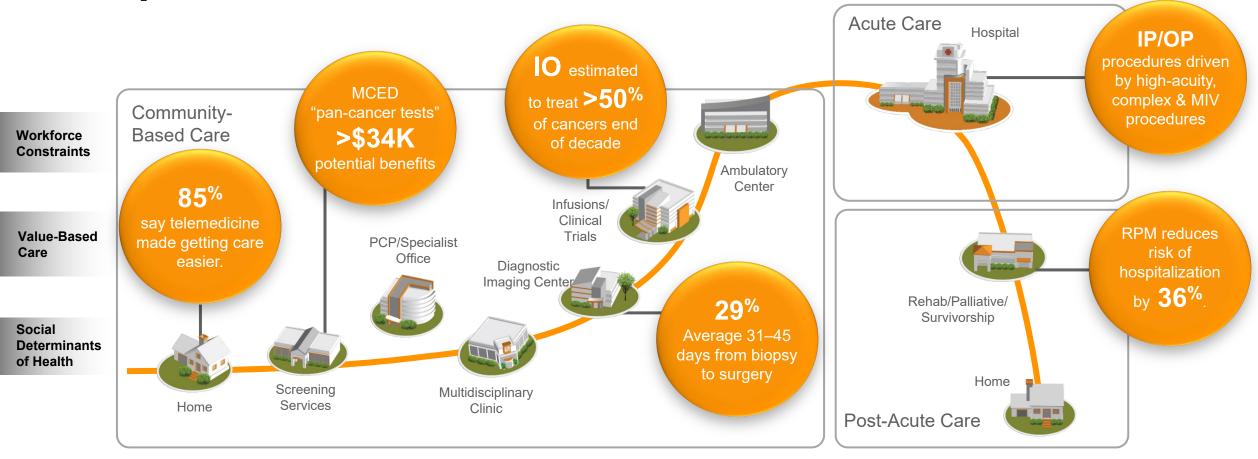
**Cancer** 

## High-Acuity Surgical and Complex Care Drive IP Growth; Steady Innovation in Treatments, Patient Preference Contribute to OP Growth



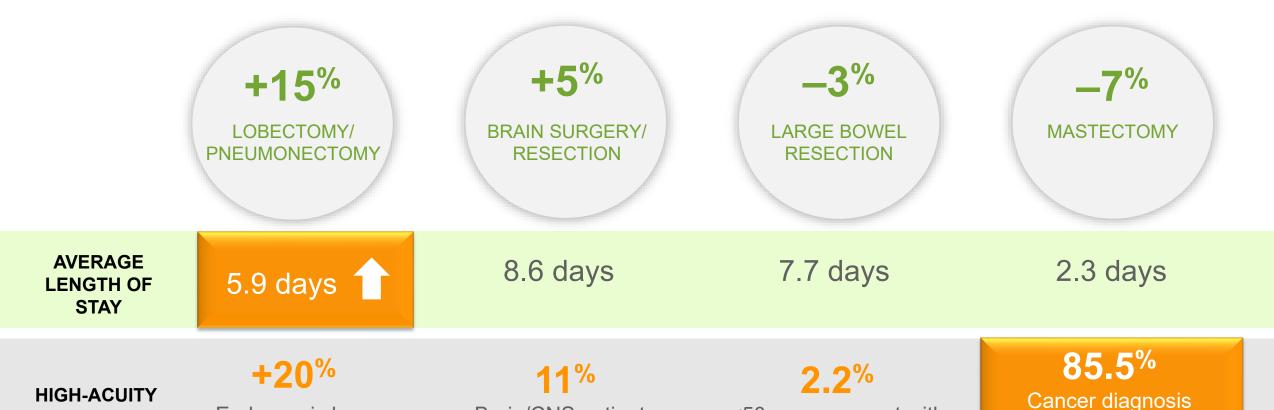
Sources: Impact of Change®, 2022; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts®, 2022; Sg2 Analysis, 2022.

System of CARE Model—Access, Novel Innovation and Competition Power Future Demand



IO = immuno-oncology; MCED = multicancer earlier detection; MIV = minimally invasive; PCP = primary care provider; RPM = remote patient monitoring. **Sources**: Beer TM. *Am J Manag Care*. 2021;27(suppl 19):S347–S355; Vizient® Clinical Data Base used with permission of Vizient, Inc, 2019. All rights reserved; Sg2 Executive Briefing: *Strategically Deploying Digital Health*, 2021; Vizient. *Pharmacy Market Outlook*. Winter 2022; Sg2 digital health spotlight: cancer care. 2021; Sg2 Analysis, 2022.

## Coverage Expansion, Lifestyle Factors and Screening Eligibility Changes Impact IP Volumes Over the Decade



Brain/CNS patients

traveling >100 miles

<50 years present with

greater stage

CNS = central nervous system. Sources: Grimm LJ et al. J Am Coll Radiol. June 8, 2022 [Epub ahead of print]; Sg2 Analysis, 2022.

Endoscopic lung

resections



rebound rate for women

aged 50-59

**PROCEDURES** 

### Why It All Matters—Key Cancer Takeaways

#### SERVICE LINE FRAMEWORK



#### **QUALITY**

- Evaluate therapy capabilities to treat patient population with emerging therapeutics.
- Establish clinical and performance benchmarks (eg, time to treat, clinical outcomes).

#### **GROWTH**

- Consider comprehensive infrastructure when developing service offerings (eg, right patient, right location).
- Assess System of CARE by tumor type, creating clarity of program multidisciplinary and integrative capabilities.

#### **OPERATION**

- Redesign the work, workflows and teams to adapt to current workforce constraints.
- Pursue innovative care and business models that can be efficiently leveraged through value-based vertical.

#### INNOVATION/RESEARCH

- Identify opportunities to broaden clinical trials to an expanded cancer population through technology and process design.
- Establish an emerging-technology acquisition assessment plan supporting clinical and service offering relevance.



### **Neurosciences**

## Understand Inpatient Growth Opportunity in the Context of Volume

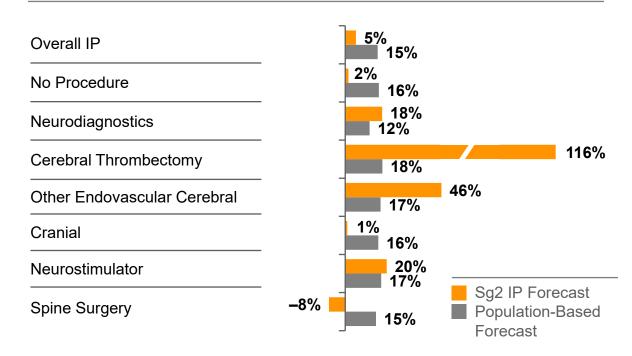
#### **Inpatient Neurosciences and Spine Discharges**

US Market, 2022; Total Volume: 3 Million

#### 29% Major Therapeutic Headache/Neuro Pain **5%** Brain Tumor and Neuropathy 4% 8% Epilepsy Movement Disorders/MS/ Neuromuscular 4% 3% Dementia 11% Other Other 3% **CNS** Injury 8% Skull Fracture/TBI Stroke and Neurovascular 31% **24%** Spine

#### **Inpatient Neurosciences and Spine Forecast**

Select Procedures, US Market, 2022–2032

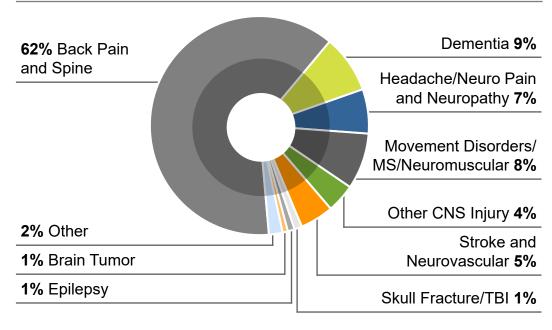


Note: Analysis excludes 0–17 age group and includes neurosciences and spine service lines and Brain/CNS Cancer CARE Family. Skull fracture/TBI = concussion, skull fracture and major brain injury. Other CNS injury = cerebral palsy and paralysis, CNS infections, late effects of neuro trauma, nontraumatic brain injury and encephalopathy, and transient mental status change. Movement disorders/MS/neuromuscular = abnormal gait and movement disorders, Parkinson diseases, multiple sclerosis (MS) and demyelinating diseases. Other = complications of surgery, device, implant or graft—neuro, hydrocephalus and spina bifida, neurologic disease—other, and sleep disorders. Stroke and neurovascular include hemorrhagic stroke (subarachnoid, intracerebral and subdural hemorrhage), ischemic stroke, neurovascular diseases and transient ischemic attack. Cranial = brain/skull surgery including resection; brain biopsy; open vascular procedure—cerebral angioplasty, shunt surgery/hydrocephalus surgery. Other endovascular procedures—cerebral angioplasty. Spine surgery = cervical spinal fusion, undin preservation procedures, spinal decompression/laminectomy, vertebral augmentation procedures. Percentages in the pie chart may not add to 100% due to rounding. CNS = central nervous system. Sources: Impact of Change®, 2022; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Claritas Pop-Facts®, 2022; Sq2 Analysis, 2022.

## Rehab and Post-Acute Services Significantly Influence OP Growth

#### **Outpatient Neurosciences and Spine Volumes**

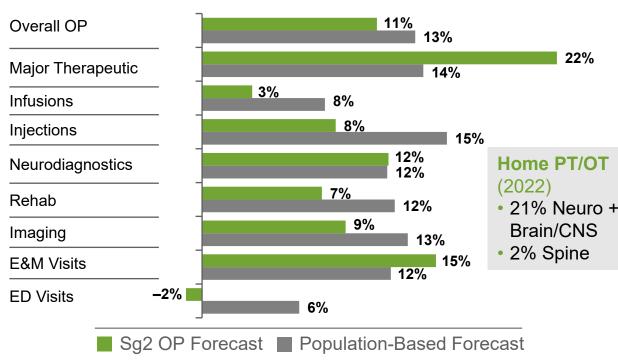
US Market, 2022; Total Volume: 810 Million



#### 3% Major/Minor Procedures; 55% OP Rehab; 15% Post-Acute

#### **Outpatient Neurosciences and Spine Forecast**

Select Procedures, US Market, 2022–2032



Note: Analysis excludes 0–17 age group and includes neurosciences and spine service lines and Brain/CNS Cancer CARE Family. Skull fracture/TBI = concussion, skull fracture and major brain injury of the CNS injury = cerebral palsy and paralysis, CNS infections, late effects of neuro trauma, nontraumatic brain injury and encephalopathy, and transient mental status change. Movement disorders, Parkinson disease, multiple sclerosis and demyelinating diseases, other = complications of surgery, device, implant or graft—neuro, hydrocephalus and spina bifida, neurologic disease—other, and sleep disorders. Stroke and neurovascular include hemorrhage, ischemic stroke, neurovascular ischemic stroke, neurovascular inschemic stroke, neurovascular disease—other, and sleep disorders ambulatory electroencephalogram (EEG), neurodiagnostics—ambulatory electroencephalogram (EEG), neurodiagnostics—EEG. ED visits = urgent and emergent visits. Infusions = chemotherapy procedure group. Sources: Impact of Change®, 2022; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facility; Claritas Pop-Facility



## Unlocking Sustainable Growth: Align Stroke Programs With Market Demand and Resource Availability

Volume-Quality Relationship for Complex Stroke Cases Warrants Cautious Approach to Stroke Distribution

#### Intracranial Vascular Procedures for Primary Diagnosis of Hemorrhage With MCC (MS-DRG 20), CY 2021

MS-DRG 20 Average Annual Volume Range	Number of Hospitals in Cohort	% Admitted via ED	Complication %	Observed Mortality %	Mortality Index	Median DRG Triplet Volume (MS-DRG 20–22)
<10	54	79.05%	28.06%	22.53%	1.97	8
10–24	64	65.16%	23.98%	16.71%	1.34	23
25–49	56	61.04%	21.72%	14.24%	1.10	49
50+	20	55.02%	19.90%	11.49%	1.00	83

#### As volumes increase:

- Percent admitted via ED declines, hinting that these may be larger referral centers or "hubs."
- Mortality, complications markedly decline; mortality index (observed vs expected mortality) approaches 1.00.

Note: Analyses include adults only; transfers out to a different hospital have been excluded due to inability to track outcomes. MS-DRG 20–22 analysis limited to CY 2021. ED cases are defined as presence of UB92 revenue codes 450–459. Complications include complication diagnoses not present upon admission. MCC = major complication or comorbidity. Source: Data from Vizient® Clinical Data Base used with permission of Vizient, Inc. All rights reserved.



## Unlocking Sustainable Growth: Align Stroke Programs With Market Demand and Resource Availability

Volume-Quality Relationship for Complex Stroke Cases Warrants Cautious Approach to Stroke Distribution

Intracranial Vascular Procedures for Primary Diagnosis of Hemorrhage With MCC (MS-DRG 20), CY 2021

Assess market demand and current penetration of advanced interventions to understand the runway for growth.

Evaluate the appropriate stroke network model (eg, partnerships, rationalization of services).

Understand upstream channel strength. Emergency medical services and transfers drive emergent stroke volumes.

Enhance collaboration with continuing care providers to plan for changing post-acute needs.

#### As volumes increase

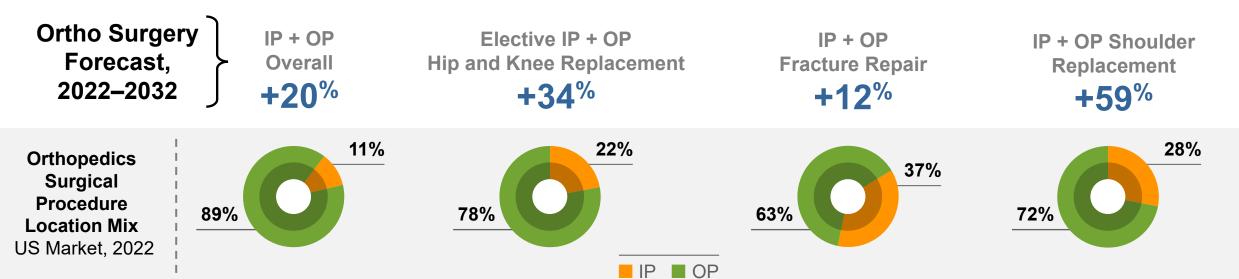
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**Orthopedics & Spine** 

## Orthopedics Surgical Forecast: Sustaining Growth and Relevance Amid Ambulatory Shift



Growth is slowing for elective hip and knee replacement, as underlying macro-level trends (obesity, expanded patient eligibility and utilization) are realized in baseline utilization.

Fracture repair growth opportunity varies by setting, as trauma, hip fractures and fragility fractures drive hospital-based growth and lower-complexity extremity fracture cases continue ambulatory shift.

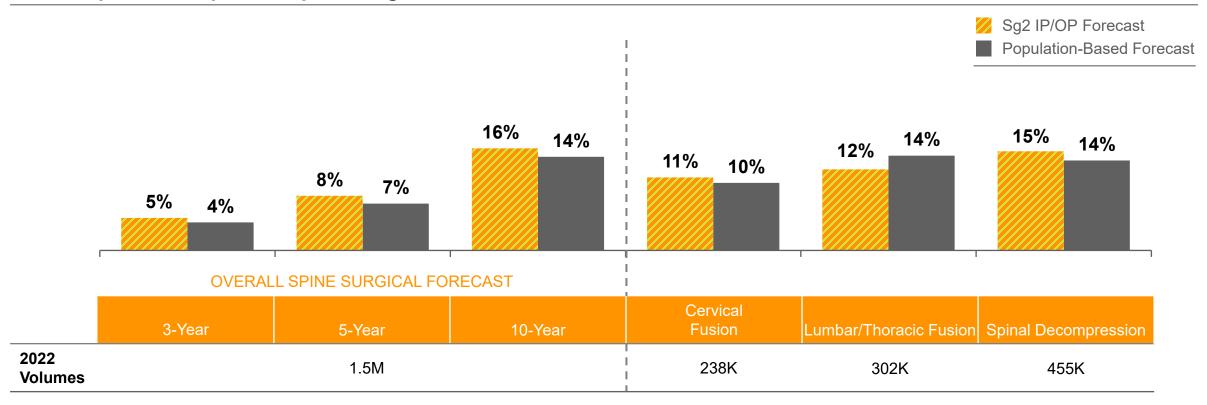
Robust shoulder replacement growth, fueled in part by improved implant design and outcomes, is beginning to slow down.

Note: Analysis excludes 0–17 age group and includes the orthopedics service line only. Overall orthopedics includes all IP/OP major procedures plus OP arthroscopy. Elective hip and knee replacement includes Osteoarthritis CARE Family only and primary hip/knee replacement. Shoulder replacement includes primary shoulder replacement for the Osteoarthritis and Musculoskeletal Injury—Shoulder/Elbow/Upper Arm CARE Families only. Fracture repair includes all IP fracture repair and OP open treatment of fracture, plus surgical procedures within the Hip and Femur Fracture CARE Family (arthroscopy, IP/OP major therapeutic procedure group). Sources: Impact of Change®, 2022; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts®, 2022; Sg2 Analysis, 2022.



## Acuity, Site of Care and Clinical Advancements—All Factors Driving Spine Surgical Procedures Forecast

Select Inpatient/Outpatient Spine Surgical Procedures Forecast, US Market, 2022–2032



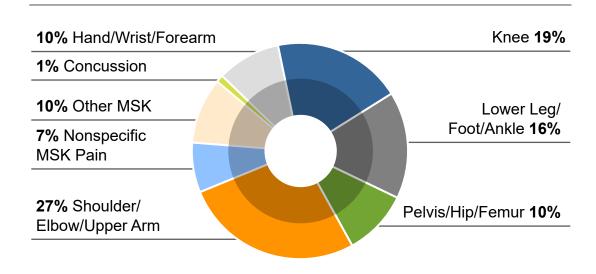
Note: Analysis excludes 0–17 age group and includes the spine service line only. Overall spine surgical forecast includes IP major therapeutic and OP major procedures groups. Sources: Impact of Change®, 2022; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts®, 2022; Sg2 Analysis, 2022.



## Sports Medicine and Extremity—Reconsider Ambulatory Footprint and Sports Medicine Investments

#### **OP Sports Medicine and Extremity Volumes**

US Market, 2022; Total Volume: 483 Million



#### **KEY AREAS OF OPPORTUNITY**

- Shoulder/elbow/upper arm services
- Joint preservation and injury prevention
- Sports performance services

#### KEY TACTICAL CONSIDERATIONS

- Establish a one-stop treatment center.
- Augment workforce with sports medicine.
- Codesign orthopedic urgent care locations and services.

Note: Analysis excludes 0–17 age group and includes the following Sg2 CARE Families: Concussion and Unspecified Head Injury, Musculoskeletal (MSK) Injury—Hand/Wrist/Forearm, MSK Injury—Lower Leg/Foot/Ankle, MSK Injury—Pelvis/Hip/Femur, MSK Injury—Shoulder/Elbow/Upper Arm, Other MSK Injuries and Conditions, Nonspecific MSK Pain. Sources: Impact of Change®, 2022; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts®, 2022; Sg2 Analysis, 2022.

### **Programmatic Initiatives Capture Orthopedic Growth**



Build a comprehensive and integrated portfolio of services to capture increasingly competitive growth opportunities.



- Consider offering subspecialized and co-located niche services (eg, sports medicine).
- Invest in workforce, processes and technology that enhance patient rehabilitation access and outcome.



- Standardize best practices to optimize efficiency and ensure quality outcomes.
- Establish care pathways with a focus on patientcentered health



- Assess market and organizational brakes and accelerators impacting transition to ambulatory surgery centers.
- Evaluate service distribution for hospital-based and ambulatory sites of care.



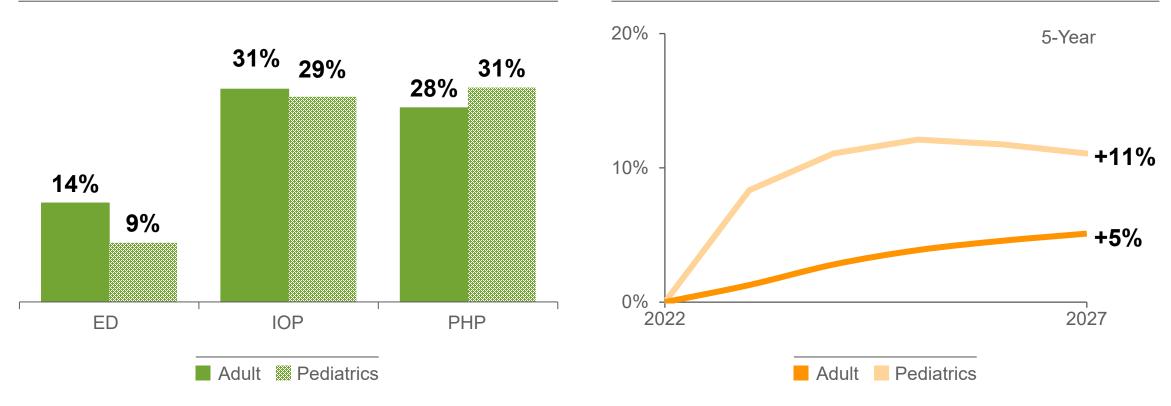
Develop a plan to address inequities and disparities proactively through outreach interventions and expanded access.



## Rising Prevalence in Mental Health Conditions Drives Demand Across Care Sites and Age Cohorts

Behavioral Health OP Forecast, US Market, 2022–2027

#### Behavioral Health IP Forecast, US Market, 2022–2027

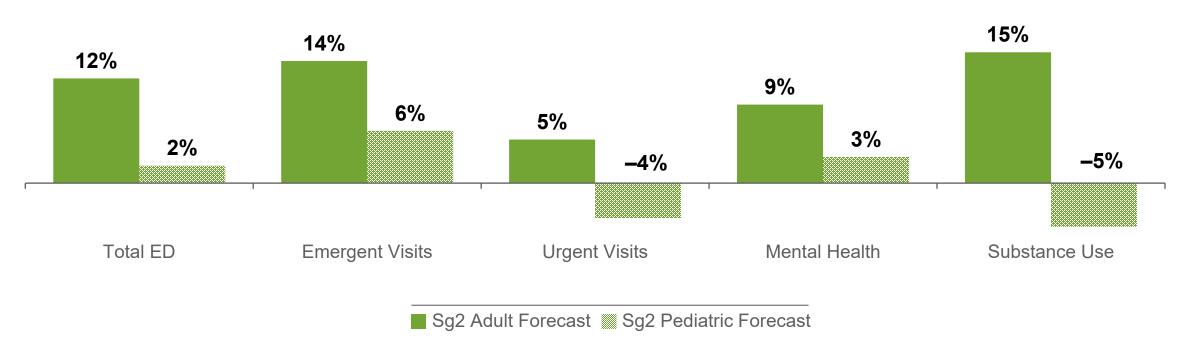


IOP = intensive outpatient program; PHP = partial hospitalization program. **Sources:** Impact of Change®, 2022; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts®, 2022; Sg2 Analysis, 2022.



## Proactive Planning Is Required to Handle Increasing ED Volume

#### ED Forecast, Behavioral Health, US Market, 2022–2032



Note: Total ED includes emergent and urgent visits. Mental health includes adjustment disorders, anxiety and personality disorders, bipolar disorders, eating disorders, episodic and persistent mood disorders, psychosis, and trauma-related disorders. Substance use includes substance use disorders and poisonings—commonly abused drugs. Adult analysis includes 18+ age group. Pediatric analysis includes 0–17 age group. Sources: Impact of Change®, 2022; Proprietary Sg2 All-Payer Claims Data Set, 2019; The following 2019 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts®, 2022; Sg2 Analysis, 2022.

### Aligning Crisis Services Creates Optimal Care for Patient, as Well as Community and Health System Benefits

Availability of crisis services reduces use of emergency department, inpatient beds, jails.



















**Wraparound** 

#### **COMMUNITY BENEFITS**

- Law enforcement has easy access to mobile crisis team and crisis facilities
- Patients receive access to treatment instead of arrest.

Person in **Crisis** 

**Crisis Line** 

**Mobile Crisis Team** 

**Crisis Facilities** 

**Services** 

Least restrictive = least costly

#### **OUTCOMES**

- 80% of calls are resolved over the phone.
- 70% of mobile crisis team calls are resolved in the field.
- 60% to 70% of visits to crisis facilities are discharged back to the community.
- 85% of patients remain stable with community-based wraparound services >45 days.

Source: Balfour ME et al. Psychiatr Serv. 2022;73(6):658-669

## Availability of Crisis Services Reduces Use of Emergency Department, Inpatient Beds, Jails

#### Maricopa and Pima Counties, Arizona

#### **SOLUTION**

- \$100 million investment in crisis care led to the nationally recognized "Arizona Model."
- Suicide hotlines, mobile crisis units and crisis facilities are electronically linked.
- Quick, easy access for law enforcement means being the preferred alternative to jail or ED.
- 100% patient acceptance with a "never reject" approach.
- Patients receive access to treatment instead of arrest

#### **OUTCOMES**

- \$260 million in psychiatric inpatient spending saved
- \$37 million in ED costs saved
- 63 years of psychiatric ED boarding hours saved
- 30,500 police drop-offs in a 12-month period led to
   37 FTEs of police officer time and salary saved.

















Person in Crisis

Crisis Line Mobile Crisis Team Crisis Facilities Wraparound Services

FTE = full-time equivalent. **Sources:** Balfour ME et al. *Psychiatr Serv.* 2022;73(6):658–669; Connections Health Solutions. The Arizone Model of Crisis Receiving Center [PowerPoint presentation]. Accessed August 2022.

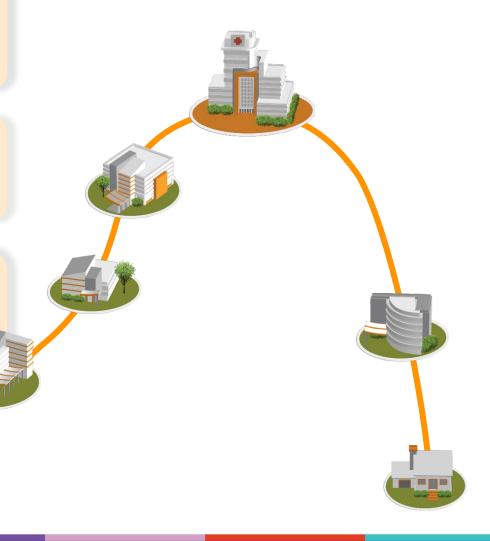
1. Recognize the imprint on acuity, innovation and care delivery left by the pandemic.

2. Prepare for more complex patients across sites and the effect this influx will have on capacity.

3. Plan for increased demand across sites as shift from inpatient slows and alternative care models allow for growth in new sites, including the home.







### Questions?



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